



Bluffton Soccer Club U8 Coaching Objectives

1. The players will develop an understanding of the BASIC rules of the game.
 - Goal Kick
 - Corner Kick
 - Kick Off
 - Throw In
 - Ball in and out of play (throw-ins, goals, no goals, etc.)
 - Field lines and meanings
2. Players will develop and execute proper throw-in technique and shooting, dribbling, and passing skills.
3. Players will develop an understanding of the differences between offense and defense.
4. All players will develop an understanding of the goalbox and where goalkeepers can and cannot use their hands.

U8 TEAM PLAY OBJECTIVES

1. Players should be encouraged to be aware of space, don't bunch, look for triangles, and run away from teammates with the ball to open space.
2. Field players should work collectively attacking and defending while still focusing on "not bunching."
3. Players should develop team communication skills by talking to their teammates on the field to let them know when pressure is coming or when they are open for a pass. Goalkeepers should also develop communication skills to direct teammates all over the field, as they have a full view of the field.